Ravi Roy Carola Lage-Roy

HOMOEOPATHIC GUIDE

Radioactivity

Protection against the effects of radioactive emissions



Dedicated to our son Aron, born in 1986, and to all those born afterwards, and yet to be born.

Many thanks to all who have given us their time and expertise in compiling this book, especially to Mr. Kastl for proof reading the physical part.

Homoeopathic Guide Radioactivity Protections against radioactive emissions

© Lage & Roy Verlag (Publishing Co.) for homoeopathic literature Burgstraße 8, D-82418 Riegsee-Hagen (Germany) Tel. +49 8841 4455 · Fax +49 8841 4298 www.lage-roy.de

> Translated from German by Eva-Maria Schlottmann Edited by Shilpi Gupta Many thanks to Niti Gupta

- 1. German edition July 1986
- 3. revised edition July 1989
- 4. revised edition September 1995
- 1. English edition October 2011

Layout: Joachim Fleischacker Printed by Offsetdruck Bokor, Bad Tölz, Germany

All rights reserved Lage & Roy Verlag, Murnau ISBN 978-3-929108-21-7



Contents

P	reface to the English Edition	8
[t	ntroduction	9
1	. General Information on Radioactivity	12
	1.1 Definition of terminology	12
	1.2 The effects of radioactivity	15
	1.3 The various kinds of radiation	15
	1.4 The standard maximum dose	16
	Imminent increase in maximum doses	17
	1.5 The poison cloud of Chernobyl	18
	1.6 The effects of radioactive elements on humans and animals	18
	Iodine 131	18
	Iodine 129	19
	Tellurium 132	19
	Plutonium 129	19
	Strontium 90	19
	Caesium 137	20
	Plutonium 103 and 106	20
	Ruthenium 103 and 106	20
	1.7 Factors that influence the degree of radiation on the body	21
	1.8 Symptoms after weak radiation	22
	1.9 Acute radiation sickness	23
	Symptoms of radiation sickness when it first appears	24
	Chronic damage through radioactivity	25
	Long-term damage after increased radiation exposure	25
	Radiation damage to embryos	26
	Damage through low-level radioactivity	26
	Radiation damage in plants	29
	Direct contamination – fallout and rainout	30
	Indirect contamination	30

Homoeopathic Guide

2. Measures – general, homoeopathic and others	3
2.1 General Measures	
How safe is the house?	3
Cleanliness	34
Wounds	35
Sea salt application	30
Water intake	36
Powers of the Mind and Heart	3
Alcohol	3
2.2 Advice for gardeners and garden products	38
The garden	38
The vegetables	40
Mushrooms and berries	41
The contamination of different foods	41
2.3 Advice to breastfeeding mothers	43
2.4 What is the action of homoeopathy?	4
Radium bromatum	
First observations after Chernobyl	46
Repetition of the remedy	4
Radium bromatum – the picture and symptoms	49
Radiation sickness from medicinal uses	5
Testimonials with Radium bromatum after Chernobyl.	
2.5 Further homoeopathic remedies against radiation	62
Caesium	62
Strontia carbonica	63
Homoeopathic iodine	63
Kali iodide	64
Phosphorus	60
Rhus venenata	60
Polonium	60
Plutonium	60
The nature of <i>X-ray</i>	69
Synopsis: acute radioactive poisoning	75

Radioactivity

2.6 The Chakra Flower Essences	76
2.7 Soul and Consciousness	77
Exercises	78
3. Homoeopathic protection – a possible answer	82
The Oranur Experiment	83
4. Nutrition	86
4.1 Nutritional advice	86
Sprouts	87
Sprouting Technique	88
Wheatgrass	89
Other grasses	91
Citrus fruit	91
Iodine	92
4.2 Irradiated food	93
Health implications	
The legal situation in Germany	
5. Turning away from nuclear energy	
5.1 The warning	
5.2 The remaining risk	98
5.3 The human risk factor at the accident in Harrisburg	
5.4 Russia, Chernobyl, Atomic Cloud, and Fukushima	
6. Sun and Ozone	
6.1 The homoeopathic treatment.	106
Ozone	
Ozone's effects on health	106
6.2 Sun allergy	
Sol	
Natrium muriaticum	
Rhus venenata	
Solarplexus Essence	
Ribliography and related literature	



Preface to the English Edition

Radioactivity

A complete revision of this booklet for the English version has not been taken on. Regarding the urgency of the ongoing Fukushima catastrophe, the authors feel that it is not the first priority. Every book, except the classics, can be continuously improved upon. This booklet was written and published within three months of the Chernobyl catastrophe.

In the 25 years after the first publication, this guide has proven its worth again and again. So although you may find minor flaws, we believe the advice given about the homoeopathic protection and treatment as well as the general measurements is sound.

The booklet, and the advice given to patients, friends and pupils before the booklet was published, helped many thousands of people to protect and treat themselves directly and effectively against the radioactive contamination. The fallout and washout in Bavaria, Southern Germany, was very high. Those who were acutely or sub-acutely poisoned could get rid of their poisoning symptoms in an amazingly short time and with no after effects in the 25 years since. Later, very many more could be helped for their chronic poisoning symptoms.

As you will read in this guide, low level radioactivity is the true culprit. Therefore our homoeopathic arsenal against radioactivity has become a part of our day-to-day homoeopathic therapy.

We do not have to believe in Homoeopathy for it to be effective.

Try and revel in the feeling of wellness and goodness, which ensues!

Best wishes, Carola Lage-Roy & Ravi Roy Hagen, Germany, October 2011

Introduction

Since Chernobyl, the topic of radioactivity has become so important that everyone will have to deal with it.

The nuclear accident at Chernobyl is an opportunity for us all to prepare for the inevitable radioactive load, no matter whether we have studied the subject or not.

The discovery of the x-ray in 1896 by Wilhelm Conrad Roentgen led to a new chapter in the history of mankind. This was its first conscious encounter with ionising rays. Soon after, radioactive materials were discovered and isolated in nature and completely new worlds opened up for humans. The microcosm was no longer the realm of mysticism; instead it became a domain of science. The first experiments in laboratories yielded deep insights into these unknown worlds. Humankind was on the way to discovering the building blocks of the universe – from the macrocosm to the microcosm, from the visible to the invisible.

Little by little, the tremendous powers of the microcosm became evident, and this filled many with great fear.

The reckless handling of these newly discovered powers will inevitably lead to the destruction of the macrocosm. This is a fact long known in mysticism: that is why the teachings about the microcosm have only been revealed to a few from times immemorial. Now the gates that kept this ancient knowledge shut away are beginning to open.

When Jesus Christ and other Great Souls taught the message of love, nobody could have predicted that it would come into its own today and demand restitution. The task for mankind now is to learn to handle these powers skilfully. We succeeded in dominating the macrocosm to a certain extent with technology, but without the same skilful control over the microcosm we will have to face great destructive forces. This skilful control is only possible through love.

Introduction

What links radioactivity with the Christ Self? The inability of humans to understand the message of Great Souls has only led us to war and destruction. War and destruction have now grown to a frightening extent.

Radioactivity

Jesus and other Great Souls wanted to bring the light of love to humankind. Love not only means to behave in a loving way; love is the ability to accept oneself on the inner level and to accept others as they are and to let them grow according to their needs. This also means not to force our opinions and convictions onto others, but recognize and respect the individuality of each person, without being fatalistic.

This demands a very open mind, and we will have to examine and question everything that gets us stuck. During this process, we will be guided nearer and nearer to our inner core. This leads to an unfolding of our inner self, which we should always be guided by.

The inner self is the embodiment of love

The inner self does not differentiate between good or bad, only the appropriate in the individual case. To experience this appropriateness, you have to have contact with your heart, as the heart is the centre of the inner self.

Humankind has nowadays gained some insight into the creative blocks of nature, but this has to be experienced in the heart as wise men and mystics do.

Without the necessary maturity and openness, this knowledge will become a destructive toy in our hands. The path can only be via the heart, coming through love. Even if everyone is not able to understand the phenomenon of radioactivity, intellectually and scientifically, each and everyone have the ability to experience the essence of radioactivity emotionally. To this end, we have given you some exercises on the mental and soul level. We will have to acknowledge our emotional side and take it seriously, i.e. neither deny nor exaggerate it.

The essence of radioactivity will become clearer to us when we investigate the etymology of the word "radioactivity". "Radius" means "radiate outwards from the centre" in Greek. It depicts an activity that radiates from the centre, the heart. In other words, contact with the inner self is being established. Tuning into the inner self will be achieved if we deal with radioactivity in a positive frame of mind.

Sea salt application

External:

Bathe in sea salt water
 Radiation experts recommend a bath with 250 g of sea salt and
 250 g of bicarbonate of soda for all kinds of afflictions caused by radiation, especially when there are negative earth rays. The treatment should be repeated three times within a short time period.

Internal:

- Use sea or rock salt for cooking (protection against radiation by ionization)
- When there is a "sick" feeling with vomiting, saltwater helps to bind the radioactive particles and to eliminate them.
- When suffering from diarrhoea, prepare an enema with salt water.

Water intake

When there is radiation damage, it is important to drink enough liquids, especially warm drinks, so that the elimination organs are provided with enough liquid to cope with the increased burden. Stimulating drinks like coffee, tea, chamomile, valerian, jasmine and others are not recommended. Peppermint tea should not be too strong and not be taken too often.

To ensure an optimal use of the necessary quantities of liquid, sufficient exercise is essential. The exercise should challenge the body but not beyond its normal capacity. Vigorous physical activity can be outright harmful, especially if the level of radioactivity in the body is still high.

Powers of the Mind and Heart

We hear again and again that radioactivity can be transformed with the help of prayer. We wanted to investigate this contention. About two months after Chernobyl, we tested wheatgrass and prayer and their power to decontaminate milk. One litre of milk was divided into three equal parts. The first part was set aside to determine the quantity of the radioactivity in it. In the second part, we hung a thumb thick bunch of wheatgrass of 10 cm length for ten minutes. With the third part, we decided spontaneously to use this opportunity and hold our hands above the milk for 30 to 60 seconds in a blessing, praying for a dissipation of the radioactivity.

The results showed a decrease in radioactivity by about 5 Becquerel with the wheatgrass method, and a decrease by 10 Becquerel with the blessing method. We repeated this test three more times and always reached the same results.

Theoretically, techniques could be developed which would be able to reduce or eliminate the radioactivity of a radioactive substance. However, these techniques do not exist and at the moment it is not feasible and, those who know have no possibility of developing it. If one looked into the physics of these techniques, then one would have less doubt about the powers of prayer, the heart, and of blessing. But, one does have to have deep faith for it to succeed.

Alcohol

In Russia, alcohol and especially red wine, is seen by the population as a good remedy to protect against radioactivity. Here is an example: Two women worked in Chernobyl in the area of the nuclear power station, when it exploded. They went home and got drunk. When the husband of one of the women heard of the accident at the reactor, he travelled

car, coach or be on a bicycle. They have big heads, emaciated extremities, big teeth and small jaws. Lots of urinating and frequent stool.

Radioactivity

Dosage for pregnant and breastfeeding women: Give immediately, together with *Rad-br*, *Kali iodide* 3x to 6x, according to availability, 3 times daily 3 tablets each time.

Phosphorus

Phosphorus is the remedy for radiation sickness when high fever and vomiting are present.

There is a burning feeling of heat, as if everything is getting burnt, and this can be felt strongest in the eyes. There is a desire to drink something very cold.

Rhus venenata

This is the main remedy when there are skin symptoms with intense itchiness. It is also the antidote for when there has been an over dosage of homoeopathic *Radium*.

Polonium

Polonium has a terrible nausea, which is especially felt in the liver region. The whole of the abdomen is in a commotion. **Polonium** vomits uncontrollably and it seems to arise from deep down in the right side. She feels so terrible that she could just lie down and die. There seems to be no consolation. Things get worse and do not let up. There is a very bad smell in the nose. With a horrible feeling of weakness in the lower abdomen and rectum, diarrhoea sets in with greater amounts of blood in it.

Plutonium

Plutonium is one of the most poisonous substances on earth. The provings below show its action.

Two provings with **Plutonium** 10m

One testing person, male, took the remedy, the other, female, held it in their hand (induction method). One person felt all the negative parts, the other all the positive. Both provings have been put together as one.

On the nature of the Plutonium

Right at the beginning of the test (by holding the remedy), there is nose bleeding from the right nostril and the head contracts. The ticking of the clock drives him crazy and makes him extremely angry, mad, deadly insane.

Great anger about himself, wants to kill the anger in himself. He feels able to kill everything, strangle, squash everybody, cut everyone's throat, condemn them to death.

Plutonium wants to make the big business. S/he is not concerned about petty things. S/he wants wealth, not only in the shape of money, also in terms of big important issues. They do not necessarily have to be worldly or material riches. She is striving for things that are valuable that will retain their value eternally. She is less interested in temporary riches. In his quest for them, everything else amounts to nothing and is in the way. Of necessity, he will have to attend to the small daily affairs, and this makes him very impatient. Basically, s/he does not want to be bothered by them any more, and when s/he gets asked to attend to them, s/he can get extremely angry and could strangle the other person. He is feeling a deadly intolerance towards everything of little value and that is of a mundane nature. All this he wants to nip in the bud, kill off so that he does not lose time with this. S/he wants to send everyone who is not splendid/grand/magnificent, powerful and not his equal to Hades. If he feels the slightest attachment to something negative, he cannot bear it.

When in a good mood, she wants everybody to share in her riches. She is very generous and prepared to give of her knowledge and her riches, to help someone along as much as possible. He does not, however, give of his riches unconditionally, but exacts a considerable price for his actions. The other has to be absolutely devoted to him, otherwise he will leave them with the words: Be damned.

He is prepared to exert all his energies for something grand, good and something he values highly. If he lets himself be persuaded against his better judgment, the plan is going to fail from the start.

Radioactivity

It clears and purifies the organism. Everything not of value will be eliminated. Urging to stool sets in and he has to go to the toilet. Also a pressure on the kidneys is felt.

Physical symptoms

He feels a pressure on the throat. The remedy has an effect on the jaws, as if they are shifting or are not placed properly, especially the right one. He feels something in the left jaw, as if it was about to jump out. There is a feeling as if the jaws are expanding, as if rubber bands are pulling the jaws towards the outside, first the lower then the upper jaw.

On the left of the neck, there is a brief feeling of splinters, as if the neck has been stretched on the left side and there is a stick inside it. The left half of the face and the left eye are being stretched towards the left eyebrow, where faint stabbing pain originates.

Feeling as if the ears are getting bigger, the outer ears are huge like gramophone horns.

From the ears onward, the energy is concentrated on the pituitary gland and outward from there.

The entire head increases in size, expands. He sees the colour roseorange, rose inside, orange on the outer circle spreading like a ball of fire.

A cutting pain across the throat, as if slit or strangled. There is a soft correction of the second neck vertebra. Now the neck vertebrae are better aligned.

A slight stabbing feeling in buttocks/anus. Anus- and bladder muscles are being worked on. There is a stronger stabbing pain in the anus radiating into the upper thigh.

Summary

In its positive state, *Plutonium* widens. It may relax contracted jaws and stimulates the circulation in the head area. In its negative state, it contracts. The blood vessels contract, there is a feeling of pressure in the head, the pressure being released through nose bleeding. A murderous fury arises. The remedy has an effect on liver and lung.

It healed a stubborn, deep seated cough that originated from stress and had been only helped somewhat by other remedies, but not fully healed.

The nature of *X-ray*

Alcohol irradiated with x-rays and potentized leads us back in time and brings hidden things to light. The remedy helps to readdress old unprocessed issues and to transform them.

Great is the power of this remedy. It is capable of dissolving those disease-causing elements that have held people prisoners over the centuries. It is called for when liberating factors are not allowed to be expressed, e.g. when there is a fear of beauty and harmony. Ultimately, the person needing *X-ray* is also full of fear of losing his interest in all the "pettinesses and trivia of life that he has grown so fond of" but that are continually dragging him down. The old is familiar and he knows how to deal with it, even when it does not nurture him. He is panic stricken of new developments, although it could only lead to a change for the better. He is not under any circumstance willing to swap his bad habits for good ones.

The *X-ray* personality cannot be satisfied with a mere intellectual pursuit of these problems. He knows that he will have to develop a feeling for them first. He finds it very hard to arrive at a genuine understand-

3. Homoeopathic protection – a possible answer

Radioactivity

Nuclear accidents can happen anywhere, as the catastrophe in Japan has shown. In a country that is seemingly very much in control, we would not assume that there is an urgency to act. However, it is advisable to be prepared for serious nuclear contamination and to protect ourselves beforehand.

From the beginning of nuclear power, there has been radioactive radiation from nuclear power stations. This has never been publicly discussed. Politics prevent the knowledge about the extent of these emissions from becoming public. That's the reason why we will never know for sure when we may be exposed to high doses of radioactivity.

Everyone can protect themselves, even while they are in an ongoing homoeopathic treatment.

But not while they are in a phase of aggravation and the subsequent recovery, other healing reactions and deteriorations (see Ravi Roy's "The Reactions").

Radium bromatum is the most important protective remedy.

If thyroid weakness is present, we prefer *Radium iodate*.

Depending on what other radioactive substances are being expelled from the nuclear power station, a second remedy is often needed to be taken; in Japan now, *Plutonium* for example.

Potency: The 1m potency is recommended. Healthy and strong people can even start the protection with 10m potency.

Weaker and sickly people as well as very small children should start with a 200, and very sick people with the 30th potency.

Dosage: Take 2 pills/drops of *Radium bromatum* in the first week and 2 pills/drops of *Plutonium* the second week. Continue this for 8 weeks, until you have had 4 doses of each remedy. This can be repeated once a year or more often if need be.

Weaker and very sick people are given the dosages every 2 weeks in turn, and only 3 dosages each. In this way, the individual will be administered three dosages of each remedy over a period of three months.

After this, if there is no immediate danger of high radioactivity, the above is repeated after one year.

In the third year, the potency is increased by one step. For example, from 200 to 1m or from 10m to cm.

With this method one can make oneself immune to the already existing much higher radioactivity than 60 years ago as well as be better prepared to combat any dire situations.

It is a known fact that chlorophyll can transmute radiation into bio (life) energy. The human and other living beings have this ability too, but typically do not know how to train his body to do this automatically. Homoeopathy is a medicine which is capable of tuning the body to this purpose. We have given later some simple exercises for this purpose.

In the scientific world, there was at least one known person who made experiments to reduce radioactive load.

The Oranur Experiment

In 1951 Wilhelm Reich set about to seriously experiment with the effect of orgone on radioactivity. Orgone is the name which Reich gave to the life energy, which is called by different names in different countries – prana or chi. Reich also gave the world the means of

weather manipulation which has become a bane for mankind and which knowledge the Russians are offering the Japanese as a means of redirecting the radioactive clouds into the ocean. The Russians used this knowledge to let the radioactive clouds rain at other places and protect big cities like Moscow after the Chernobyl catastrophe.

Oranur was coined from: **OR**gone Against **NU**clear **R**adiation. The life energy or orgone encompasses the whole world. This metaphysical fact was shown in the 1930s to exist by Reich. The experiment consisted of placing a very small quantity of radium in a room filled with orgone, which Reich produced with his orgone radiator.

The radium was left every day for one hour in the accumulator. After half an hour one could measure more than normal radioactivity in the background. On the seventh day, observers about 100 metres from the room saw a bluish-violet vibrating cloud rise around the experiment room. As they neared the room they felt sick with intense nausea and colics. They felt a strong pressure on the forehead with vertigo and weakness. The radium was immediately removed from the room and the experiment stopped.

But that was not the end. For months afterward a higher radioactivity could be measured in the background. If somebody tried to stay in the room the same symptoms came up. Three weeks later a higher than normal radioactivity could be measured in a radius of one thousand kilometres.

Much later the experimenters became sick with radioactive sickness. Furthermore their older diseases (those not having been active for longer period) flared up on regular intervals, e.g. heart problems.

As classical physics has no explanation to this, Reich looked for a plausible explanation. He came to the conclusion that uncontrolled radioactivity disturbs the mantle of life energy and turns a part into destructive energy. He called it "Killer-Energy" or DOR (**Deadly OR**gone energy).

Later observations and researches have shown that the areas were affected according to how positive or negative the group consciousness was. Even one person very positive could influence the outcome for the area.

This observation has far reaching consequences for mankind. This means that no matter where an atomic catastrophe takes place the whole world is direly affected. Studies in America in the eighties have substantiated Reich's conclusions. The studies were done on the after effects of atom bomb tests. One very convincing study was done in a children's school. One teacher kept a very accurate account which showed a decisive pattern. In those days, atom bomb tests were being done on a basis of every two weeks in USA and Russia, which made it once a week for the people concerned. One to six days after the Nevada atom bomb tests the activity of the children would be reduced to a minimum. They were tired or irritable or weepy. More important in this time phase there were an unnaturally high incidence of sore throats, colds and stomach pains, and also conjunctivitis and children's infectious diseases, especially chicken pox. The teacher started asking the grown ups about their experiences and they too reported a high incidence of colds, headaches etc. After the tests in Russia, some symptoms cropped up too but to a lesser degree. So one should be very careful about looking for mysterious viruses, when radiation is the cause. In his book from 1976, View from Eden, Jerome Eden shows the correspondence to natural catastrophes and atom bomb tests.

The end result of the Oranur Experiment on the experimenters was that after a certain period of time they seemingly became immune to radioactivity. Higher radioactivity had no effect on them. Wilhelm Reich was supposed to have done many more experiments trying to reduce radiation load and to have succeeded, but there is a shroud of mystery around it.